

TABITHA GRIER-REED, Ph.D., L.P.

University of Minnesota
Family Social Science

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Identifying Information

ACADEMIC RANK: Professor

EDUCATION

| Degree | Institution | Date Degree Granted |
|---------------|---|----------------------------|
| B.S. | Tuskegee University Psychology | 1996 |
| M.A. | University of Minnesota Educational Psychology | 1999 |
| Ph.D. | University of Minnesota Educational Psychology | 2005 |

LICENSURE

January 2009-Current: Licensed Psychologist, #LP5021, State of Minnesota

EMPLOYMENT

| | |
|--------------|--|
| 2019-Current | <u>Professor</u> , Family Social Science (FSOS), College of Education and Human Development (CEHD), University of Minnesota, Twin Cities |
| 2016-2019 | <u>Associate Professor</u> , Family Social Science (FSOS), College of Education and Human Development (CEHD), University of Minnesota, Twin Cities |
| 2016-2019 | <u>Affiliate</u> , Institute for Translational Research in Children's Mental Health (ITR), University of Minnesota, Twin Cities |
| 2011-2016 | <u>Associate Professor</u> , Postsecondary Teaching and Learning (PsTL), College of Education and Human Development (CEHD), University of Minnesota, Twin Cities |
| 2006 - 2011 | <u>Assistant Professor</u> , Postsecondary Teaching and Learning (PsTL), College of Education and Human Development (CEHD), University of Minnesota, Twin Cities |
| 2005 -2019 | <u>Affiliate</u> , Counseling and Student Personnel Psychology Program (CSPP), Educational Psychology, University of Minnesota, Twin Cities |
| 2005-2006 | <u>Assistant Professor</u> , General College (GC), University of Minnesota, Twin Cities |

CURRENT PROFESSIONAL MEMBERSHIPS

Society for Community Research in Action (SCRA)

Honors and Awards

UNIVERSITY

- 2019 Certificate of Recognition, Thank a Teacher Project, Center for Educational Innovation
- 2018 Certificate of Recognition, Thank a Teacher Project, Center for Educational Innovation, University of Minnesota
- 2016 Distinguished University Teacher, Morse-Alumni Undergraduate Teaching Award, Academy of Distinguished Teachers
- 2013 Single Semester Research Leave, College of Education and Human Development
- 2012 Faculty and Staff Research Award, College of Education and Human Development
- 2012 President's Distinguished Faculty Mentor, Multicultural Center for Academic Excellence
- 2011 Outstanding Student Resource Award, Multicultural Center for Academic Excellence
- 2009 President's Faculty Multicultural Research Award, Office for Equity and Diversity
- 2008 Faculty and Staff Research Award, College of Education and Human Development
- 2007 President's Faculty Multicultural Research Award, Office for Equity and Diversity
- 2006-2007 Jeanne L. Higbee Award for Outstanding Research in Developmental Education
- 2006 Women's Philanthropic Leadership Circle Award

EXTERNAL

- 2020 John M. Taborn Award for Outstanding Contributions to Psychology by a Person of African Descent, Minnesota Psychological Association
- 2019-2021 Hatch Award, National Institute of Food and Agriculture
- 2019 Partner Award, Sons of Bransford in Recognition of Work in the Community
- 2010 Academic Exchange Quarterly Article, Editor's Choice Award
- 2006 Distinguished Contributions as an Early Career Professional in Minnesota Award, Minnesota Psychological Association
- 2005 James B. Hamilton Research Scholar, Mid-America Association of Educational Opportunity Program Personnel

VISITING SCHOLAR

2013-Current Visiting Research Fellow, Social Science Research Institute, Duke University

Research, Scholarship, and Creative Work

PUBLICATIONS

PEER REVIEWED (Graduate Student Co-Authors in Bold)

- Grier-Reed, T., **Said, R., & Quiñones, M.** (2021). From antiblackness to cultural health in higher education. *Education Sciences*, 11. 57. <https://doi.org/10.3390/educsci11020057>
- Grier-Reed, T., **Maples, A., Williams-Wengerd, A., & McGee, D.** (2020). The emergence of racialized labor and racial battle fatigue in the African American Student Network (AFAM). *Journal Committed to Social Change on Race and Ethnicity (JCSCORE)*, 6(2), pp. 94-135. <https://doi.org/10.15763/issn.2642-2387.2020.6.2.95-135>
- Grier-Reed, T., Ajayi, A, Wilson, R., & **Cotton, D.** (2020). Foundational curriculum for the African American Student Network: Synthesis of discussion topics and themes. *Journal of Adolescent and Family Health*,

- 11(1). <https://scholar.utc.edu/jafh/vol11/iss1/4/>
- Allen, T., Grier-Reed, T., & **Maples, A.** (2020). On the frontier: Exploring rural psychologist practice in integrated behavioral health care. *Journal of Rural Mental Health, 44*(2), 106-117. <https://doi.org/10.1037/rmh0000132>
- Diehl, D., Houseworth, J. & Grier-Reed, T. (2019). Examining the variable relationship between race and considerations of campus withdrawal. *The College Student Journal, 53*(4), 417-429.
- Gbolo, S.,** & Grier-Reed, T. (2019). An African American student networking group in an urban high school: Experiences and outcomes. *Journal of Urban Education 54*, 1210-1232. <https://doi.org/10.1177/0042085916641170>
- Grier-Reed, T., & **Ajayi, A.** (2019). Incorporating humanistic values and techniques in a culturally-responsive therapeutic intervention for African American college students. *Journal of Humanistic Counseling, 58*, 17-33. doi 10.1002/johc.12087
- Grier-Reed, T., **Gagner, N.,** & **Ajayi, A.** (2018). (En)Countering a White racial frame at a predominantly White institution: The case of the African American Student Network. *Journal Committed to Social Change on Race and Ethnicity, 4*(2), 65-89.
- Grier-Reed, T. & **Williams-Wengard, A.** (2018). Integrating Universal Design, Culturally Sustaining Practices, and Constructivism to Advance Inclusive Pedagogy in the Undergraduate Classroom. *Education Sciences.* <http://www.mdpi.com/2227-7102/8/4/167/htm>
- Grier-Reed, T. (2018). Mixed Methods Intervention Research: A study of the African American Student Network (AFAM). *Sage Research Methods Cases-Psychology.* <http://dx.doi.org/10.4135/9781526427243>
- Grier-Reed, T., **Houseworth, J.,** & Diehl, D. (2017). Breaking down walls and building bridges: A study of cross-racial interactions across predominantly White campuses. *Journal Committed to Social Change on Race and Ethnicity, 3*(2). <https://www.ncore.ou.edu/en/jcscscore-copy/jcscscore-fall-2017/>
- Grier-Reed, T., & **Wilson, R. J.** (2016). The African American Student Network: An exploration of Black students' ego networks at a predominantly White institution. *Journal of Black Psychology, 42*(4), 374- 386. doi: 10.1177/0095798415591661
- Grier-Reed, T., Arcinue, F., & **Inman, E.** (2016). The African American Student Network: An intervention for retention. *Journal of College Student Retention: Research, Theory, & Practice, 18*(2), 183-193. doi: 10.1177/1521025115584747
- Grier-Reed, T., & **Chahla, R.** (2015). Impact of a constructivist career course on academic performance and graduation outcomes. *Journal of College Student Retention: Research, Theory, & Practice, 17*(1), 105-118. doi: 10.1177/1521025115571254
- Grier-Reed, T. (2013). The African American Student Network: An informal networking group as a therapeutic intervention for Black college students on a predominantly White campus. *Journal of Black Psychology, 39*(2), 169-184. doi: 10.1177/0095798413478696
- Grier-Reed, T. L., Appleton, J. J., Rodriguez, M., **Ganuza, Z. M.,** & Reschly, A. (2012). Exploring the Student Engagement Instrument and career perceptions in college students. *Journal of Educational and Developmental Psychology, 2*(2), 85-96. doi: 10.5539/jedp.v2n2p85 **(Invited)**
- Grier-Reed, T., Arcinue, F., & **Chahla, R.** (2012). Constructivist career counseling with Asian American college students. *Career Planning and Adult Development Journal, 28*(1), 15-26. **(Invited)**
- Grier-Reed, T., & **Ganuza, Z.** (2012). Using constructivist career development to improve career decision self-efficacy in TRIO students. *Journal of College Student Development, 53*(3), 464-471. doi: 10.1353/csd.2012.0045
- Grier-Reed, T., & **Ganuza, Z. M.** (2011). Constructivism and career decision self-efficacy for Asian Americans and African Americans. *Journal of Counseling and Development, 89*, 200-205. doi: 10.1002/j.1556-6678.2011.tb00078.x
- Grier-Reed, T., **Ehlert, J.,** & **Dade, S.** (2011). Profiling the African American Student Network. *The Learning Assistance Review, 16*(1), 21-30.

- Grier-Reed, T. L., Detzner, D., Poch, R. K., & Staats, S. (2010). Toward multicultural community engagement. *Academic Exchange Quarterly, 14*, 177-184. Editor's Choice Section.
- Grier-Reed, T. L. (2010). The African American Student Network: Creating sanctuaries and counter spaces for coping with racial microaggressions in higher education settings. *Journal of Humanistic Counseling Education and Development, 49*, 181-188. doi: 10.1002/j.2161-1939.2010.tb00096.x
- Grier-Reed, T. L., & Skaar, N. R. (2010). An outcome study of career decision self-efficacy and indecision in an undergraduate constructivist career course. *Career Development Quarterly, 59*(1), 42-53.
- Grier-Reed, T. L., Skaar, N. R., & Parson, L. B. (2009). A study of constructivist career development, empowerment, indecision, and certainty. *Career and Technical Education Research, 34*, 3-20.
- Grier-Reed, T. L., & Ganuza, Z. M. (2009). Outcome study in a constructivist career course. *Academic Exchange Quarterly, 13*, 66-71.
- Grier-Reed, T. L., & Conkel-Ziebell, J. L. (2009). Orientation to Self and Career: Theory and practice in the classroom. *The Learning Assistance Review, 14*(1), 23-36.
- Grier-Reed, T. L., Skaar, N. R., & Conkel-Ziebell, J. L. (2009). Constructivist career development as a paradigm of empowerment for at-risk culturally diverse college students. *Journal of Career Development, 35*, 290-305.
- Grier-Reed, T., Madyun, N., & Buckley C. (2008). Low Black student retention on a predominantly White campus: Two faculty respond with the African American Student Network. *Journal of College Student Development, 49*, 476-485. doi: 10.1353/csd.0.0031
- Jennings, L., Hanson, M., Skovholt, T. M., & Grier, T. (2005). Searching for mastery. *Journal of Mental Health Counseling, 27*, 19-31.
- Grier, T. (2004). Supplemental instruction and noncognitive factors: Self-efficacy, outcome expectations, and effort regulation. *The Learning Assistance Review, 9*, 17-28.
- Madyun, N., Grier, T., Brothen, T., & Wambach, C. (2004). Supplemental instruction in a PSI general psychology course. *The Learning Assistance Review, 9*, 7-16.
- Skovholt, T. M., Grier, T., & Hanson, M. (2001). Career counseling for longevity: Self-care and burnout prevention strategies for counselor resilience. *Journal of Career Development, 27*, 167-176.

BOOKCHAPTERS (Student Co-Author Bolded)

- Grier-Reed, T., & Karp, E. (2012). The Survey Research Project: Technology and research with introductory level undergraduates. In A. Hill Duin, E. Nater, & F. Anklesaria (Eds.), *Cultivating change in the academy: 50+ stories from the digital frontlines at the University of Minnesota*.
- Grier-Reed, T., & Poch, R. K. (2012). The origin of charter schools: A brief history. In A. Esmail & A. Duhon-Ross McCallum (Eds.), *Charter Schools: Answering the call; saving our children, Issues in Black Education Series* (pp. 11-20). Lanham, MD: University Press of America.
- Skovholt, T. M., Hanson, M., Jennings, L., & Grier, T. (2004). A brief history of expertise. In T. M. Skovholt & L. Jennings (Eds.), *Master therapists: Exploring expertise in therapy and counseling* (pp. 1-16). Boston, MA: Allyn & Bacon.
- Skovholt, T. M., Hanson, M., Jennings, L., & Grier, T. (2004). Expertise in therapy and counseling. In T. M. Skovholt & L. Jennings (Eds.), *Master therapists: Exploring expertise in therapy and counseling* (pp. 17-30). Boston, MA: Allyn & Bacon.

NON-REFEREED ARTICLES AND PAPERS

- Alexander, N., Dworkin, J., Gibbons, K., Grier-Reed, T., Marshall, S., Maruyama, G., Mason, A., Pekel, K., Rodriguez, M., Scharber, C., Sweitzer, J., & Varma, K. (2019). [*Expanding the vision of Reimagine Minnesota: A collective education roadmap for action*](#). Minneapolis, MN: University of Minnesota.
- Grier-Reed, T. (2016, December 19). A new era of competence in supervision. [Review of the book *Supervision*

- essentials for the practice of competency-based supervision* by C. Falender & E. Shafranske]. *PsychCRITIQUES*, 61(No. 51). <http://dx.doi.org/10.1037/a0040653>
- Grier-Reed, T. L., (2014, February 17). Jobs: A Freudian perspective. [Review of the film *Jobs*]. *PsychCRITIQUES*, 59(7) Article 9. <http://dx.doi.org/10.1037/a0035936>
- Grier-Reed, T. L., (November/December, 2013). President's letter: Year-End reflections. *Minnesota Psychologist*.
- Grier-Reed, T. L., (September/October, 2013). President's letter. *Minnesota Psychologist*.
- Grier-Reed, T. L., (July/August, 2013). President's letter. *Minnesota Psychologist*.
- Grier-Reed, T. L., (May/June, 2013). President's letter. *Minnesota Psychologist*.
- Grier-Reed, T. L., (March/April, 2013). President's letter. *Minnesota Psychologist*.
- Grier-Reed, T. L., & Slattery, W. S. (2012, December). Minnesota Psychological Association (MPA): Summarizing our challenges, acknowledging our milestones, and embracing our strengths as we move into 2013. *Minnesota Psychologist*.
- Grier-Reed, T. L., & Dade, S. (2011). Supporting success outside of the classroom: The African American Student Network. *International Conference of Education, Research, and Innovation*.
- Grier-Reed, T. L., & Chahla, R. (2011). Using technology to enhance higher-order thinking and research skills in an introductory psychology course: The Survey Research Project. *International Conference of Education, Research, and Innovation*.
- Grier-Reed, T. L., & Arcinue, F. (2010). Reflections on the journey toward multicultural competence. *Minnesota Psychologist*, 59, 18-21.
- Grier, T. L., & Deboer, D. P. (2006, October 11). Minding the gap: Cultural myths and psychological realities. [Review of the film *Mind the Gap*]. *PsychCRITIQUES*, 51(No. 41), Article 20. Retrieved [October 11, 2006], from the PsycCRITIQUES database.
- Grier, T. L. (2006, September 13). Help seeking: In the eye of the beholder. [Review of the book *Help seeking in academic settings: Goals, groups, and contexts*]. *PsycCRITIQUES—Contemporary Psychology: APA Review of Books*, 51(No. 37), Article 5. Retrieved [September 13, 2006], from the *PsycCRITIQUES* database.
- Grier, T. L. (2006, June 28). Journey into the relational terrain of education: Let's go! [Review of the book *Trusting what you know: The high stakes of classroom relationships*]. *PsycCRITIQUES—Contemporary Psychology: APA Review of Books*, 51(No. 26), Article 16. Retrieved [July 12, 2006], from the *PsycCRITIQUES* database.
- Grier, T. L. (2005). An outcome-based assessment in higher education (Abstract). Paper presented at the *First International Conference for Enhancing Teaching and Learning through Assessment*. Published online at http://arc.dg21.com/forms/directory.php?directory_id=109
- Grier, T. L. (2005). Evaluating the perceived impact of a multicultural counseling course. *Dissertation Abstracts International*, 66, 2821B. (UMI No. 3148339).
- Skovholt, T. M., Goh, M., Udipi, S., & Grier, T. (2004, November/December). The resilient multicultural practitioner. *The California Psychologist Special Issue on Multiculturalism*, 18-23.
- Grier, T. (2004). Just a thought: Toward multiculturalism in counseling psychology. *Minnesota Psychologist*, 53, 6-7.

GRANTS EXTERNAL

FUNDED

- 2012 Committee for the Advancement of Professional Practice (CAPP), Minnesota Psychological Association (MPA) Grant. American Psychological Association, APA. Co-author. \$10,000. *Awarded*.

UNFUNDED

- 2016 Belonging to Enhance Student Ties to School Project: An Efficacy Study of a Timely and Targeted Social Belonging Intervention. National Institute of Justice (NIJ). Principal Investigator. \$4,628,003. *Rejected.*
- 2015 Social Network Foundations of Academic Success for Blacks and Whites: Can We Close the Gap? Institute of Education Sciences (IES). Principal Investigator. \$735,578. *Rejected.*
- 2015 Social Network Foundations of Academic Success for Blacks and Whites: Can We Close the Gap? American Psychological Foundations, Visionary Grant. Principal Investigator. \$20,000. *Rejected.*
- 2014 Pearson Grant for Early Career Psychologists, American Psychological Foundations. Principal Investigator. \$12,000. *Rejected.*
- 2013 Social Network Foundations of Academic Success for Blacks and Whites: Can We Close the Gap? National Science Foundation. Principal Investigator. \$250,000. *Rejected.*
- 2013 Social Network Foundations of Academic Success for Blacks and Whites: Can We Close the Gap? Spencer Foundation Small Grant. Principal Investigator. \$50,000. *Rejected.*
- 2012 Developing Pathways to Future Success (DPFS). Institute of Education Sciences (IES). Principal Investigator. \$1,302,902. *Rejected.*
- 2012 Advancing Black Student Retention in Higher Education through Social Networks. William T. Grant Scholars Program. Principal Investigator. \$350,000. *Rejected.*
- 2011 Advancing Black Student Retention in Higher Education through Social Networks. William T. Grant Scholars Program. Principal Investigator. \$350,000. *Semi-finalist.*
- 2010 Developing Pathways to Future Success. Institute of Education Sciences (IES). Principal Investigator. \$1,299,294. *Rejected.*
- 2009 Developing Pathways to Future Success. Institute of Education Sciences (IES). Principal Investigator. \$1,161,738. *Rejected.*
- 2008 Developing Pathways to Future Success. Institute of Education Sciences (IES). Principal Investigator. \$1,200,879. *Rejected.* Scored: 2.62

INTERNAL UNIVERSITY SOURCES

FUNDED

- 2018 Healing Racial Trauma and Fostering Posttraumatic Growth for African American Undergraduates, Family Social Science Research Award, \$39, 802, *Awarded.*
- 2013 Social Network Foundations of Academic Success for Blacks and Whites: Can We Close the Gap? The Initiative on Education and Human Development, Duke University. Co-Principal Investigator. \$5000. *Partially Funded.*
- 2012 Faculty and Staff Research Award. College of Education and Human Development, University of Minnesota. Grant Writer/Beneficiary. \$5,000. *Awarded.*
- 2012 International Travel Grant Proposal. Global Programs and Strategy Alliance, University of Minnesota. Grant Writer/Beneficiary. \$1500. *Awarded.*
- 2009 Understanding Career Development in College Students. President’s Faculty Multicultural Research Award, Office for Equity and Diversity, University of Minnesota. Principal Investigator. \$7,000. *Awarded.*
- 2008-2009 Promoting Success in African American College Students: The African American Student Network, Office for Student Affairs, University of Minnesota. Principal Investigator/Coordinator. \$1,500. *Awarded.*

- 2008 Faculty and Staff Research Award, College of Education and Human Development, University of Minnesota. Grant Writer/Beneficiary. \$5,000. *Awarded.*
- 2007-2009 Grant for the African American Student Network. Office for Equity and Diversity, University of Minnesota. Principal Investigator/Coordinator. \$4,000. *Awarded.*
- 2007-2008 Developing Pathways to Future Success. Grant in Aid of Research, Artistry & Scholarship, University of Minnesota. Principal Investigator. \$27,142. *Awarded.*
- 2007 Promoting Success in African American College Students. President’s Faculty Multicultural Research Award, University of Minnesota. Principal Investigator. \$7,836. *Awarded.*
- 2005-2007 Promoting Success in African American College Students. General College Strategic Planning Grant, University of Minnesota. Principal Investigator. \$49,832. *Awarded.*
- 2006 Education for Global Citizenship Seminar. Institute of Global Studies Faculty Travel Grant, University of Minnesota. Grant Writer/Beneficiary. \$300. *Awarded.*
- UNFUNDED
- 2018 Healing Racial Trauma and Fostering Posttraumatic Growth for African American Undergraduates, Grant in Aid, \$38,406, *Rejected.*
- 2018 Healing Racial Trauma and Fostering Posttraumatic Growth for African American Undergraduates, Multicultural Research Award, \$6000, *Rejected.*
- 2012 Advancing Black Student Retention Theory through Social Networks. Minnesota Futures Grant, University of Minnesota. Principal Investigator. \$161,278. *Rejected.*
- 2008 Developing Pathways to Future Success. CURA Faculty Interactive Research Program. Principal Investigator. \$26,438. *Rejected.*
- 2006 Travel to Nicaragua: Education for Global Citizenship Seminar. Office of International Programs, University of Minnesota. \$800. Grant Writer. *Rejected.* PRESENTATIONS (Student Co-Presenters in Bold)

PRESENTATIONS (STUDENT CO-PRESENTERS IN BOLD)

REGIONAL, NATIONAL & INTERNATIONAL PRESENTATIONS

- 2019 *Intersections of Race and Psychosocial Tasks for Emerging Adults in the African American Student Network*, Society for the Study of Emerging Adulthood (SSEA), Toronto, Canada, Tabitha Grier-Reed, **Anne Williams-Wengerd**, Co-Presenters, Poster
- 2019 *Intergenerational Trauma and Parenting: Parenting through Trauma*, Cultural Perspectives in Mental Health, Cedar Valley Mental Health Summit, Hawkeye Community College, Waterloo, IA, **Roun Said**, Tabitha Grier-Reed, Co- Presenters
- 2019 *The Case for Radical Empathy: Diversity Inside and Outside of Higher Education*, Course Hero Education Summit ’19, San Francisco, CA, Tabitha Grier-Reed, Invited
- 2019 *Critical Contexts for Building Safe Spaces and Positive Relationships Symposium: Counterspaces to Mitigate Race-Related Stress Among African Emerging Adults*, Society for Community Research and Action, Chicago, IL Tabitha Grier-Reed, Co-Presenters **Alyssa Maples & Kay Burningham**, Organizer, Lindsey Weiler
- 2018 *Building a Foundation for Cultural Perspectives in Mental Health*, Cultural Perspectives in Mental Health, Cedar Valley Mental Health Summit, Hawkeye Community College, Waterloo, IA, Tabitha Grier-Reed, Keynote Address
- 2018 *(En)Countering a White Racial Frame in the African American Student Network*, National Conference on Race and Ethnicity in Higher Education, New Orleans, LA, Tabitha Grier-

- Reed, Presenter
- 2018 *The African American Student Network (AFAM): Fostering Cultural Health and Resilience*, National Health Outreach Conference, Bloomington, MN, Tabitha Grier-Reed, **Noah Gagner**, Co-Presenters
- 2017 *Intersections of Racialized Experiences and Psychosocial Development for Black Undergraduates at a Predominantly White Institution*, National Conference on Race and Ethnicity in Higher Education, Fort Worth, TX, Tabitha Grier-Reed, Presenter
- 2016 *The African American Student Network: A Culturally Responsive Counseling Intervention*, Association of Black Psychologists (ABPSI) Annual Convention, Arlington, VA, Tabitha Grier-Reed and **Danielle Cotton**
- 2016 *Institutional Satisfaction for Black Students at a Predominantly White Institution*, American Psychological Association (APA) Annual Convention, Denver, CO, **Shari Dade**, Sherri Turner, & Tabitha Grier-Reed, Poster
- 2016 *Unintended Outcomes of Diversity on Campus: White Students' Perceptions of Discrimination*, National Conference on Race and Ethnicity in Higher Education (NCORE), San Francisco, CA, Tabitha Grier-Reed and David Diehl
- 2016 *Teaching Race, Discussing Race: Unintended Outcomes of Diversity on Campus--White Students' Perceptions of Discrimination*, Higher Learning: Race in Postsecondary Education Conference, Duke University, Durham, North Carolina, Tabitha Grier-Reed
- 2016 *College as a Site of Racial Identity Formation: The African American Student Network--10 Years of Data*, Higher Learning: Race in Postsecondary Education Conference, Duke University, Durham, North Carolina, Tabitha Grier-Reed, Presenter
- 2015 *The African American Student Network: A Social Justice Intervention*, National Multicultural Conference and Summit, Atlanta, GA, Tabitha Grier-Reed, Poster
- 2014 *Building a Collaborative Community of Support: The African American Student Network—A Model of Success*, National Conference on Race & Ethnicity in American Higher Education, Indianapolis, IN, **Simone Gbolo** & Tabitha Grier-Reed
- 2013 *The Psychology for the Social Good Project: Developing Media Literacy in an Introductory Psychology Course*, Lilly Conference Series on College and University Teaching and Learning, Bethesda, Maryland, Tabitha Grier-Reed & **Alison Link**, Poster
- 2013 *The African American Student Network: Social Support, Therapy, and Education*, Race Workshop, Sociology Department, Duke University, Tabitha Grier-Reed, Invited
- 2011 *Supporting Success Outside of the Classroom: A Summary of Research on the African American Student Network*, International Conference of Education Research and Innovation (ICERI), Madrid Spain, Tabitha Grier-Reed & **Shari Dade**, Poster
- 2011 *Using Technology to Enhance Higher-Order Thinking and Research Skills in an Introductory Psychology Class: The Survey Research Project*, International Conference of Education, Research and Innovation (ICERI), Madrid, Spain, Tabitha Grier-Reed & **Rose Chahla**, Co-Presenters
- 2011 *High School Graduation Is a Civil Right*, National Education Association, Chicago, IL, Panelist
- 2011 *The African American Student Network: Example of Evidence-Based Practice in Multicultural Counseling*, National Multicultural Conference and Summit, Seattle, WA, Tabitha Grier-Reed & **Shari Dade**, Poster
- 2010 *Promoting College Readiness through Culturally-Sensitive Career Education*, National Association of School Psychologists, Chicago, IL, Tabitha Grier-Reed & **Zoila Ganuza**, Co-Presenters
- 2009 *Multicultural Community Engagement (MCE): Presenting a New Undergraduate Major and Curriculum*, National Association for Multicultural Education, Denver, CO, Tabitha Grier-Reed & Susan Staats, Co-Presenters

- 2008 *Developing Pathways to Future Success: A High School Transition Program*, National Association of School Psychologists, New Orleans, Tabitha Grier-Reed, **Nicole Skaar**, & **Julia Conkel**, Co-Presenters
- 2007 *Evaluating the Perceived Impact of a Multicultural Counseling Course*, American Psychological Association, San Francisco, Poster Presenter
- 2007 *McNair Scholars Pathway to Doctoral Studies*, Keeping Our Faculties IV: Recruiting, Retaining, and Advancing Faculty of Color National Conference, University of Minnesota, Minneapolis, Moderator
- 2006 *Integrating Teaching, Research, and Professional Practice*, American Psychological Association, New Orleans, LA, Panelist
- 2005 *An Outcome-Based Assessment in Higher Education*, First International Conference on Enhancing Teaching and Learning through Assessment, Hong Kong, China, Presenter

STATE LEVEL PRESENTATIONS FOCUSED IN MINNESOTA

- 2021 *Racialized Labor, Racial Battle Fatigue, and Cultural Health*, Minnesota Psychological Association, Tabitha Grier-Reed, Invited Presenter
- 2018 *Black Awareness and Academics Achievement: The African American Student Network--Paying Down an Educational Debt*, Minnesota Psychological Association, St. Paul, MN, Tabitha Grier-Reed, Invited Presenter
- 2014 *Drinking Reported Among Greek and Non-Greek Students*, Minnesota Psychological Association Annual Convention, Plymouth Minnesota, **Noura Mohammed**, **Daniel Porter**, **Brianna Lavintman**, **La Vang**, **Dayanne Quinonez**, **Natasha Ackerman**, & Tabitha Grier-Reed, Poster
- 2013 *Improving Student Experiences in School: The African American Student Network*, Minnesota Psychological Association (MPA) Annual Convention, Bloomington, MN, **Simone Gbolo** & Tabitha Grier-Reed, Poster
- 2013 *Student Perceptions of Prescription Drug Use to Improve Academic Performance: Survey Research Project*, Minnesota Psychological Association (MPA) Annual Convention, Bloomington, MN, **Martha Ortiz**, **Vaibhav Murthy**, **Cecilia Moulton**, **Jasmine Jiang**, **Robert Riordan**, & Tabitha Grier-Reed, Poster
- 2010 *The African American Student Network*, Frontiers in Racial Equity Conference, Minnesota Minority Education Partnership, Inc., Minneapolis MN, Tabitha Grier-Reed & **Shari Dade**, Co-Presenters
- 2006 *Effective Strategies for Promoting Career Success Among First Generation and Other Non-Traditional Students*, Minnesota College Personnel Association, Minneapolis, MN, Tabitha Grier-Reed & Matthew Hanson, Co-Presenters

LOCAL PRESENTATIONS

- 2021 *Introducing Racialized Labor*, Scholar Spotlight, College of Education and Human Development, University of Minnesota, Twin Cities, Co-Presenters Tabitha Grier-Reed & **Miguel Quiñones**
- 2020 *Integrated Behavioral Healthcare Psychologists in Rural Minnesota*, Partnering with Minnesota: Connecting the University with Urban, Suburban, and Rural Communities through Public Engagement, University of Minnesota, Co-Presenters, **Thomas Allen**, Tabitha Grier-Reed, & **Alyssa Maples**, Digital Poster
- 2019 *An African American student networking group in an urban high school: Experiences and outcomes*. SW 8843 Social Work Program Evaluation. Course Instructor: Amy Gunty. Presenter: Tabitha Grier-Reed
- 2019 *(En)Countering a White racial frame at a predominantly White institution: The case of the*

- African American Student Network*. FSOS 8001 Conceptual Frameworks in the Family. Course Instructor: Cathy Solheim. Presenter: Tabitha Grier-Reed
- 2019 *Racialized labor and racial battle fatigue in the African American Student Network: A qualitative examination of racialized experiences in students' daily life*. Teaching in a world of controversy: Fostering respectful dialogue in all disciplines. Academy of Distinguished Teachers, University of Minnesota, Tabitha Grier-Reed, Presenter
- 2019 *Intersections of Race and Psychosocial Tasks for Emerging Adults in the African American Student Network*, St. Kates University Faculty Staff Institute, St. Paul, MN. **Anne Williams-Wengerd** & Tabitha Grier-Reed, Poster
- 2018 *The African American Student Network: Integrating Theory, Research, & Practice*, Family Social Science Diversity Dialogue, University of Minnesota, Tabitha Grier-Reed, Presenter
- 2018 *The African American Student Network: Promoting Health and Wellbeing for African American Youth*, Adolescent Health, University of Minnesota, Tabitha Grier-Reed, Public Health Guest Lecturer
- 2014 *The African American Student Network (AFAM)*, College Readiness and Achievement Gap (CRAG) Talks, University of Minnesota, Tabitha Grier-Reed, Invited Presentation
- 2014 *The African American Student Network: One Way the Office for Student Affairs Supports Students' Education*, The African American Research Collective (AARC), University of Minnesota, Tabitha Grier-Reed, Panel Presentation, Invited
- 2014 *The African American Student Network: An Example of Community Engaged Research*, College of Education and Human Development Honors Students, University of Minnesota, Guest Lecturer
- 2012 *The Survey Research Project: Technology and Research with Introductory Level Undergraduates*, Academic Technology Showcase, University of Minnesota, Tabitha Grier-Reed & **Emily Karp**, Poster
- 2011 *The African American Student Network*, Diversity and Globalization Theme, Research Day, College of Education and Human Development, University of Minnesota, Twin Cities, Presenter
- 2010 *Journey toward Multicultural Competence*, Counseling and Student Personnel Psychology Doctoral Seminar, University of Minnesota, Twin Cities, Guest Lecturer
- 2010 *Promoting Success in African American College Students*, Diversity through the Disciplines Symposium, Institute for Diversity, Equity, and Advocacy (IDEA), Office for Equity and Diversity, University of Minnesota, Presenter
- 2009 *The Process of Developing a New Undergraduate Major for Millennials*, The Collaboration for the Advancement of College Teaching and Learning, Bloomington, MN, Tabitha Grier-Reed & Susan Staats, Co-Presenters
- 2009 *Measuring Empowerment and Student Engagement in a Constructivist Career Course*, Research Day-College of Education and Human Development, University of Minnesota, Tabitha Grier-Reed & **Zoila Ganuza**, Co-Presenters
- 2006 *Focusing on the First Year: Effective Strategies for Promoting Career Success among First-Generation and Other Non-traditional Students*, Focusing on the First Year Conference, University of Minnesota, Tabitha Grier-Reed & Matthew Hanson, Co-Presenters

Teaching and Curriculum Development

UNDERGRADUATE

- Counseling Skills Practicum II
- Counseling Skills Practicum I
- Preparation for Working with Families

- Principles of Psychology
- Psychology of Self: Developing Identities
- Orientation to Self and Career (also previously called Career Planning)

GRADUATE

- Qualitative Family Research Methods I & II
- The African American Family: Exploring Social Contexts, Positive Assets, and Cultural Health
- Supervised Internship in Multicultural College Teaching and Learning I and II
- Supervised Practicum for Multicultural College Teaching and Learning
- Multicultural Counseling
- Advanced Seminar in Multicultural Counseling
- Special Topics: Orientation to Self and Career Teaching Practicum
- Social Cultural Contexts of Counseling

Advising and Mentoring

UNDERGRADUATE

- | | |
|-----------|--|
| 2020 | Faculty Mentor, Ayan Mohammed, FSOS 4191, Independent Study |
| 2019 | Faculty Mentor, Streytom Tim, FSOS 4294, Research Internship |
| 2016 | Faculty Mentor, Danielle Cotton, McNair Scholars Program, University of Minnesota |
| 2011-2014 | Mentor, Chanel Watkins, President's Distinguished Faculty Mentor Program, Multicultural Center for Academic Excellence, Office for Equity and Diversity, University of Minnesota |
| 2010-2011 | Outside Reader, Senior Thesis, Kirsten Gedicke, Honors Psychology Program, University of Minnesota |
| 2010 | Faculty Mentor, Libin Egal, PSTL 1993, Directed Study for Commanding English Transitions Students, University of Minnesota |
| 2008-2009 | Faculty Mentor, Mustafa Jumale, Undergraduate Research Opportunity Program (UROP), University of Minnesota |
| 2009 | Faculty Mentor, Rose Chahla, McNair Scholars Program, University of Minnesota |
| 2007 | Faculty Mentor, Amber Riley, McNair Scholars Program, University of Minnesota |

GRADUATE

ADVISING

- | | |
|--------------|--|
| 2020-Current | Adviser, Miguel Quinones, Doctoral Student, Family Social Science, University of Minnesota |
| 2019-Current | Adviser, Roun Said, Doctoral Student, Family Social Science, University of Minnesota |
| 2018-2019 | Adviser, Anne Williams-Wengard, Doctoral Student, Family Social Science, University of Minnesota |
| 2015-2018 | Co-Adviser, Thomas Allen, Doctoral Candidate, Counseling and Student Personnel Psychology, Educational Psychology Department, University of Minnesota |
| 2014-2016 | Advisor, Plan B Master's Thesis, Yeeleng Vue, Multicultural College Teaching and Learning, Department of Postsecondary Teaching and Learning, University of Minnesota |
| 2013-2015 | Advisor, Plan B Master's Thesis, Amy Barton, Multicultural College Teaching and Learning, Department of Postsecondary Teaching and Learning, University of Minnesota |
| 2011-2013 | Advisor, Plan A Master's Thesis, Simone Gbolo, Multicultural College Teaching and Learning, Department of Postsecondary Teaching and Learning, University of Minnesota |

COMMITTEES

- 2020-Current Member, Master's Thesis Committee, Joseph Maxwell, Family Social Science, University of Minnesota
- 2019-Current Member, Critical Review Committee, Samantha LeBouef, Family Social Science, University of Minnesota
- 2019-Current Member, Dissertation Committee, Seonghee Hong, Family Social Science, University of Minnesota
- 2019-Current Member, Critical Review Committee, Quin Morrow, Family Social Science, University of Minnesota
- 2018-Current Member, Critical Review Committee, Alyssa Maples, Family Social Science, University of Minnesota
- 2018-Current Member, Critical Review Committee, Kay Burningham, Family Social Science, University of Minnesota
- 2019-2020 Member, Dissertation Committee, LaShawn Gooden, Professional Psychology, University of St. Thomas
- 2015-2018 Member, Dissertation Committee, Alex Ajayi, Counseling Psychology, Psychology Department, University of Minnesota
- 2015-2016 Member, Dissertation Committee, Robert Wilson, Social Work, University of Minnesota
- 2014-2015 Member, Dissertation Committee, Shari Dade, Counseling and Student Personnel Psychology Program, Educational Psychology, University of Minnesota
- 2008-2013 Member, Dissertation Committee, Zoila Ganuza Hoagland, School Psychology, Department of Educational Psychology, University of Minnesota
- 2010-2011 Member, Plan B Master's Committee, Mary McKay, Multicultural College Teaching and Learning, Department of Postsecondary Teaching and Learning, University of Minnesota
- 2008-2009 Member, Dissertation Committee, Julia Conkel-Ziebell, Counseling and Student Personnel Psychology, Department of Educational Psychology, University of Minnesota

MENTORSHIP & SUPERVISION

- 2020 Faculty Mentor, Domonique Kent, Family Social Science Graduate, University of Minnesota
- 2012-2014 Faculty Mentor, Evetta Inman, Common Ground Consortium (CGC), College of Education and Human Development, University of Minnesota
- 2011-2012 Practicum Supervisor, William Kirkland, Counseling Program, St. Mary's University, Minneapolis, MN
- 2010-2014 Practicum Supervisor, Shari Dade, Educational Psychology, Counseling and Student Personnel Psychology Program, University of Minnesota

VISITING SCHOLAR

- 2013-2014 Host, Visiting Scholar, Xuemei Zhu, Assistant Professor of Education, School of Political Science, Xihua University, China

OTHER

- 2016 Jegna, Association of Black Psychologists (ABPSI)
- 2014 Mentor, Minnesota Psychological Association (MPA)

Service and Public Outreach

SERVICE TO THE DISCIPLINE/PROFESSION/INTERDISCIPLINARY AREA(S)

NATIONAL & INTERNATIONAL

- 2020-21 Guest Editor, [Diversity and Equity in Higher Education Special Issue](#), Education Sciences
- 2017-20 Member, Editorial Board, *Journal of Adolescent and Family Health*

- 2019 Reviewer, *Sustainability*
- 2018-19 Reviewer, *Cultural Diversity and Ethnic Minority Psychology*
- 2018-19 Member, Editorial Board, *Environment and Social Psychology*
- 2018-19 Editorial Board, National Center for Institutional Diversity (NCID)
- 2017 External Evaluator for Tenure Application, Monmouth University
- 2005-2018 Member, American Psychological Association (APA)
- 2016 Grant Reviewer, Israel Science Foundation (ISF)
- 2015-2018 Faculty Interests and Needs Committee Member, National Advisory Council, National Conference on Race and Ethnicity in American Higher Education (NCORE)
- 2014-2019 Reviewer, *Journal of Urban Education*
- 2015-2016 Reviewer, *Gender and Education*
- 2014 Article Editor, Sage Open Manuscript
- 2013-2017 Reviewer, *Measurement and Evaluation in Counseling and Development*
- 2009-2015 Reviewer, *Journal of Career Development*
- 2008-2017 Reviewer, *Journal of Black Psychology*
- 2006-2016 Reviewer, *PsycCritiques: American Psychological Association Review of Books and Films*
- 2006 Reviewer, *Journal of Genetic Counseling*

FOCUSED AT THE STATE LEVEL (MINNESOTA)

- 2016-2017 Supervisor for psychologist pursuing licensure
- 2014 Chair, Leadership Development and Nominating Committee, Minnesota Psychological Association (MPA)
- 2014 Past-President, Minnesota Psychological Association (MPA)
- 2013 President, Minnesota Psychological Association (MPA)
- 2013 Chair, Executive Committee, Minnesota Psychological Association (MPA)
- 2013 Chair, Governing Council, Minnesota Psychological Association (MPA)
- 2012-2014 Member, Executive Committee, Minnesota Psychological Association (MPA)
- 2012-2013 Member, Annual Convention Committee, Minnesota Psychological Association (MPA)
- 2012 President-Elect, Minnesota Psychological Association (MPA)
- 2010 Member, Diversity Committee, Minnesota Psychological Association (MPA)
- 2010 Member, Academic Division, Minnesota Psychological Association (MPA)
- 2009-2014 Member, Governing Council, Minnesota Psychological Association (MPA)
- 2009-2011 Chair, Women's Division, Minnesota Psychological Association (MPA)

SERVICE TO THE UNIVERSITY/COLLEGE/DEPARTMENT

UNIVERSITY COMMITTEES, PROJECTS, AND WORK GROUPS

- 2020-2022 Member, Senate Finance and Planning Committee, University of Minnesota, Twin Cities
- 2020-2021 Member, Disability Accommodations Task Force, University of Minnesota
- 2019 Member, Search Committee for Executive Vice President and Provost, University of Minnesota, Twin Cities
- 2018 Member, Search Committee for Vice President for Equity and Diversity, University of Minnesota, Twin Cities
- 2018-2020 Member, Nominating Subcommittee of Faculty Consultative Committee, University of Minnesota, Twin Cities
- 2018 Member, Ad Hoc Committee for Faculty Governance Stipends, University of Minnesota, Twin Cities

- 2017-2020 Member, Faculty Consultative Committee (FCC), University of Minnesota, Twin Cities
- 2017-2020 Member, Senate Consultative Committee (SCC), University of Minnesota, Twin Cities
- 2017-2020 Senator, University of Minnesota, Twin Cities
- 2012-2016 Member, Senate Committee on Faculty Affairs (SCFA), University of Minnesota, Twin Cities
- Spring 2014 Member, Faculty Consultative Committee (FCC)
- Spring 2014 Member, Senate Consultative Committee (SCC), University of Minnesota, Twin Cities
- Spring 2014 Senator, University of Minnesota Senate, University of Minnesota, Twin Cities
- 2012 Member, Graduate Professional and Education Assembly Planning Committee, University of Minnesota, Twin Cities
- 2010 Reviewer, Scholarly Excellence in Equity and Diversity (SEED) Awards Selection Committee, Office for Equity and Diversity, Twin Cities
- 2010 Reviewer, Innovation, Diversity, Equity, & Achievement (IDEA) Grants, Office for Equity and Diversity, University of Minnesota, Twin Cities

COLLEGE COMMITTEES, PROJECTS, AND WORK GROUPS

- 2020-2021 Member, Racial Justice in Professional Education Task Force, College of Education and Human Development, University of Minnesota, Twin Cities
- 2012 Reviewer, Open Source Psychology Text, College of Education and Human Development Open Source Project, University of Minnesota
- 2011-2012 Co-Chair, Governing Council, College of Education and Human Development, University of Minnesota
- 2011-2012 Member, Graduate Review and Improvement Advisory Committee, College of Education and Human Development, University of Minnesota
- 2011 Member, McNair Director Search Committee, College of Education and Human Development, University of Minnesota
- 2010 Member, Upward Bound Director Search Committee, College of Education and Human Development, University of Minnesota
- 2008 Member, High School Reform Block Club, College of Education and Human Development, University of Minnesota
- 2007 Member, Student Services Search Committee, College of Education and Human Development, University of Minnesota
- 2005 Member, Research Mission Work Group, General College, University of Minnesota

DEPARTMENT COMMITTEES, PROJECTS, AND WORK GROUPS

- 2020-2021 Chair, Graduate Admissions Committee, Family Social Science, University of Minnesota
- 2019-2020 Member, Graduate Admissions Committee, Family Social Science, University of Minnesota
- 2019-2020 Member, Mentor Committee for Promotion and Tenure, Family Social Science, University of Minnesota
- 2018-2019 Chair, Teaching Committee, Family Social Science, University of Minnesota
- 2018 & 2019 Member, Undergraduate Assessment Committee, Family Social Science, University of Minnesota
- 2017-2019 Member, Diversity Committee, Family Social Science, University of Minnesota
- 2014-2015 Member, Graduate Advisory Council, Postsecondary Teaching and Learning, University

- of Minnesota
- 2014-2015 Chair, Assessment Committee, Postsecondary Teaching and Learning, University of Minnesota
- Spring 2014 Chair, College Student Development and Counseling Psychology Doctoral Program Planning Committee, University of Minnesota
- 2011-2012 Member, Graduate Advisory and Financial Aid Council, Postsecondary Teaching and Learning, University of Minnesota
- 2011-2012 Chair, Research Series Colloquium Committee, Postsecondary Teaching and Learning, University of Minnesota
- 2011-2012 Chair, Faculty Search Committee, Postsecondary Teaching and Learning, University of Minnesota
- 2010-2011 Member, Multicultural Community Engagement Steering Committee, Postsecondary Teaching and Learning, University of Minnesota
- 2010 Member, Search Committee for Integrated Learning Instructor, Postsecondary Teaching and Learning, University of Minnesota
- 2009-2010 Participant, Engaged Department Work Group, Postsecondary Teaching and Learning, University of Minnesota
- 2008 Participant, Undergraduate Major Think Tank, Postsecondary Teaching and Learning, University of Minnesota
- 2007 Psychology Curriculum Facilitator, Postsecondary Teaching and Learning, University of Minnesota
- 2007 Member, Pre-tenure Faculty Mentoring and Review Work Group, Postsecondary Teaching and Learning, University of Minnesota

PRESENTATIONS/PANELS TRAININGS, AND WORKSHOPS

- 2020 *Psychology Professional Panel*, Association of Black Psychology Students, University of Minnesota, Twin Cities
- 2019 *The Stories We Live By*, Buna Talk, Oromo Student Association. University of Minnesota, Co-Facilitator
- 2018 *Networking with Black Women*, Black Motivated Women (BMW), University of Minnesota Twin Cities, Panelist
- 2016 *Intersections of Racialized Experience and Psychosocial Development for Black Undergraduates at a Predominantly White Institution*, McNair Scholars Poster Presentation, University of Minnesota, McNair Scholar Danielle Cotton, Faculty Mentor Tabitha Grier-Reed
- 2015 *Teaching Scholarship/Disciplinary Thinking in Introductory Courses: Minding the Gap*, Postsecondary Teaching and Learning, Colloquium Series, Co-Presenter
- 2014 *Using Constructivist Career Development to Improve Career Decision Self-Efficacy in TRiO Students*, Career Development Network (CDN) Diversity Brown Bag Lunch Series, University of Minnesota, Co-Facilitator
- 2014 *Black Student Union College Day Mock Lecture: What Does it Mean to be Black?* University of Minnesota, Co-Presenter
- 2012 *Understanding the Power of Networks: Research and Practice*, College of Education and Human Development Saturday Scholars, University of Minnesota, Presenter
- 2011 *Intercultural Relationships Forum*, Black Motivated Women (BMW), University of Minnesota, Twin Cities, Facilitator
- 2011 *Passion, Progress, Prosperity*, Black Motivated Women (BMW) Gala, University of Minnesota, Twin Cities, Panelist
- 2011 *A Golden Evening*, Minnesota Northern Stars Project, Office of Admissions, University of

- Minnesota Twin Cities, Faculty Representative
- 2009 *Meeting with Postdoctoral Fellows regarding the Faculty Experience*, Community of Scholars, University of Minnesota, Graduate School, Co-Presenter
- 2009 *Understanding Career Development in College Students*, McNair Scholars Poster Presentation, University of Minnesota, McNair Scholar Rose Chahla, Faculty Mentor Tabitha Grier-Reed
- 2007 *Navigating the Space between Color-Consciousness and Color-Blindness*, University Counseling and Consulting Services, University of Minnesota, Presenter
- 2007 *Promoting Success in African American College Students: The African American Student Network*, McNair Scholars Poster Presentation, University of Minnesota, McNair Scholar Amber Riley, Faculty Mentor Tabitha Grier-Reed
- 2006 *Multicultural Counselor Training*, University Counseling and Consulting Services, University of Minnesota, Presenter
- 2005 *Attending to Group Process in Supplemental Instruction (SI)*, TRIO Student Support Services SI Training, Presenter

PUBLIC AND OTHER SERVICE

- 2020 *Covid Cares Support Services for Healthcare Workers*, Minnesota Psychological Association, Volunteer
- 2017 *Transitioning into College Life*, Social Emotional Learning Institute, North High School, Minneapolis, MN, Presenter
- 2016 *The African American Student Network: A Model for Success*, Polar Learning Discussion, North High School, Minneapolis, MN, Presenter
- 2016 [*In a Minnesota Classroom Teens Talk through a Summer of Pain*](#) by Solvejg Wastvedt, Minnesota Public Radio News, Expert Contributor/Interviewee
- 2010 *Healing Our Communities Torn by Racism and Violence*—Girl's Empowerment Group, Hope Community Center, Minneapolis, MN, Co-Presenter
- 2010 *Alternative School's Career Day*, Achieve Minneapolis, MN, Panelist
- 2006 *Career Counseling for Inspiration and Empowerment*, NorthPoint Health and Wellness Center, Minneapolis, MN, Presenter