

LINDSEY M. WEILER, Ph.D., LMFT
University of Minnesota
Department of Family Social Science
Couple and Family Therapy Program
290 McNeal Hall, 1985 Buford Avenue | Saint Paul, MN 55108
lmweiler@umn.edu | 612-301-9345

EDUCATION

- 2013 Ph.D. **Applied Developmental Science**, Colorado State University
Mentors: Toni Zimmerman, Ph.D. & Shelley Haddock, Ph.D.
Dissertation title: *Prevention of substance abuse in juvenile delinquents: Identification of important mentoring processes*
- 2010 M.S. **Human Development and Family Studies, Specialization in Marriage and Family Therapy**, Colorado State University
Mentors: Francisco Palermo, Ph.D. & Thao Le, Ph.D.
Thesis title: *Evaluation of the FAIR program: Teaching diversity awareness and social justice to youth in residential care*
- 2006 B.A. **Psychology**, Concordia University – St. Paul, MN

POST DOCTORAL TRAINING

- 2013-2014 **Developmental Psychobiology/Prevention Science**, University of Colorado School of Medicine, Departments of Pediatrics and Psychiatry; (R. Ross, PI)
NIMH Institutional Postdoctoral Research Training Program, T32 MH15442
Mentor: Heather Taussig, Ph.D.

ACADEMIC APPOINTMENTS

- 2014-present **University of Minnesota, Department of Family Social Science**, St. Paul, MN
Assistant Professor

HONORS AND AWARDS

Institutional Postdoctoral Research Training Program Research Fellow, NIMH, 2013-2014
Outstanding Engagement Award, Colorado State University, 2013
Ruth L. Kirschstein Predoctoral National Research Service Award, NIDA, 2012-2013
New Writer Fellow, Family Process Institute, 2012
Innovative Instruction in Service Learning Award, Colorado State University, 2012
Engaged Faculty for Service Learning, Colorado Campus Compact, 2012
AmeriCorps Education Award, Corporation for National and Community Service, 2009, 2011
Psychology Student of the Year, Concordia University, 2006
Regent Scholarship for Academic Performance, 2003-2006
Social and Behavioral Science Scholarship Award, 2003-2006

LICENSE AND CERTIFICATION

Licensed Marriage and Family Therapist (#1153), State of Colorado, 2014-present
Sexual Abuse Perpetration Prevention Trainer, The Kempe Center, 2014-present
Graduate Teaching Certificate, Colorado State University, 2013

GRANTS AND CONTRACTS

- 2015-2018 **Mentor families: Setting-level components to improve mentoring outcomes for at-risk youth**, S. Haddock & K. Henry (Co-PIs)
William T. Grant Foundation, # TBA, \$599,784
Role: Investigator (PI of sub contract to University of Minnesota, \$36,462)
- 2014-2014 **Examining relationship quality and the role of other relationships in mentoring**, L. Weiler (PI)
University of Colorado School of Medicine, Developmental Psychobiology Endowment Fund, \$6,967
- 2012-2013 **Prevention of substance abuse in juvenile delinquents: Identification of important processes**, L. Weiler (PI); (L. Youngblade & K. Henry, Mentors)
F31DA034416, Ruth L. Kirschstein National Research Service Award
National Institute on Drug Abuse, \$32,292
- 2012-2013 **Campus Corps: College students mentoring at-risk youth**
Pharos Funds- Bohemian Foundation, \$20,000.
- 2012-2012 **Social Justice training for Campus Corps mentors**
Training Ground Grant, Compact Service Corps Program, \$2,625
- 2012-2012 **Service-learning mini-grant**
Colorado State University- The Institute for Learning and Teaching, \$1,500
- 2011-2012 **Campus Corps: College students mentoring at-risk youth**
Pharos Funds- Bohemian Foundation, \$20,000
- 2011-2011 **Course re-design, Campus Corps**
Colorado State University Office of the Provost, \$5,000
- 2011-2011 **Training Campus Corps mentors in motivational interviewing**
UCAN Serve Training Ground Grant
Corporation for National and Community Service, \$3,000
- 2010-2010 **Training Campus Corps mentors in motivational interviewing**
UCAN Serve Training Ground Grant
Corporation for National and Community Service, \$3,000

Consultant

- 2015-present **Development of a National Mentoring Resource Center**, D. Shapiro,
MENTOR: The Mentoring Partnership Network
2013-JU-FX-K001, Office of Juvenile Justice and Delinquency Prevention
Role: Research Board Member

PUBLICATIONS

*indicates student

Weiler, L. M., Garrido, E. F., & Taussig, H. N. (*in press*). Foster Care System. In M. R. Korin (Ed.), *Health Promotion for Children and Adolescent Handbook*.

Weiler, L. M., Lyness, K. P., Haddock, S. A., & Zimmerman, T. S. (*in press*). Contextual issues in marriage and family therapy: Gender, Sexual Orientation, Spirituality, & Culture. In L. Hecker, & J. Wetchler (Eds.), *Introduction to Marriage and Family Therapy (2nd Edition)*.

Weiler, L. M., *Zarich, K., Haddock, S., Zimmerman, T., & Krafchick, J. (2014). A comprehensive model of mentor experiences: Perceptions, strategies, and outcomes. *Journal of Community Psychology, 42*, 593-608. doi: 10.1002/jcop.21640

Weiler, L. M., Zimmerman, T., Haddock, S., & Krafchick, J. (2014). Understanding the experience of mentor families in therapeutic youth mentoring. *Journal of Community Psychology, 42*, 80-98. doi: 10.1002/jcop.21595

Weiler, L. M., Haddock, S., Zimmerman, T., Krafchick, J., Henry, K., & Rudisill, S. (2013). Benefits derived by college students from mentoring at-risk youth in a service-learning course. *American Journal of Community Psychology, 52*, 236-248. doi: 10.1007/s10464-013-9589-z

Weiler, L. M., Helfrich, C, Palermo, F., & Zimmerman, T. (2013). Exploring diversity attitudes of youth placed in residential treatment facilities. *Residential Treatment for Children & Youth, 30*, 23-39. doi: 10.1080/0886571X.2013.751790

Haddock, S., **Weiler, L. M.**, Krafchick, J., Zimmerman, T., McLure, M., & Rudisill, S. (2013). Campus Corps Therapeutic Mentoring: Making a difference for mentors. *Journal of Higher Education Outreach and Engagement, 17*, 225-256.

Manuscripts Under Review and In Revision

Weiler, L. M., Haddock, S. A., Henry, K. L., Zimmerman, T. S, Krafchick, J, & Youngblade, L. (*in revision*). Time-limited, structured youth mentoring and adolescent problem behaviors.

Greeson, J. K., **Weiler, L. M.**, Thompson, A. E., & Taussig, H. (*in revision*). A first look at natural mentoring among preadolescent foster youth.

Taussig, H., **Weiler, L. M.**, Rhodes, T., Wertheimer, R., Fireman, O., Hambrick, E., & Combs, M. (*in revision*). Fostering Healthy Futures for teens: Adaptation of an evidence-based program.

Garrido, E., **Weiler, L. M.**, & Taussig, H. (*under review*). The relationship between adverse childhood experiences and health-risk behaviors in high-risk children.

Weiler, L. M., & Taussig, H. (*under review*). The moderating effect of risk exposure on an efficacious preventive intervention.

Other Publications

Weiler, L. M. (May 22, 2014). Innovations to Close the Mentoring Gap. Society for Research on Adolescence Feature Article.

Weiler, L. M. (April 16, 2014). Rising Star: Meet Dr. Lindsey Weiler. The Chronicle of Evidence-Based Mentoring.

PRESENTATIONS

*indicates student

Invited Presentations

Weiler, L. M. (2015, January). The impact of mentoring on trauma symptoms by youth's exposure to adversities. Presentation at the National Mentoring Summit. Washington, DC.

Weiler, L. M., Haddock, S., Zimmerman, T., & Krafchick, J. (2013, July). Intentional, multi-level mentoring: A case for structured, time-limited youth mentoring. Presentation at the Portland State University Summer Institute on Youth Mentoring. Portland, OR.

Refereed Abstracts

Weiler, L. M., Krafchick, J., Haddock, S. A., Zimmerman, T. S., *Chesmore, A. A., & *Rhodes, T. (2015, March). Are we pushing youth too hard? Promoting academic success through youth mentoring. Presentation at the Society for Research in Child Development Biennial Meeting, Philadelphia, PA.

Taussig, H. N. & **Weiler, L. M.** (2015, January). Do assessments of mentoring relationships matter? The who, what, where, when, and why. Presentation at the National Mentoring Summit. Washington, DC.

Weiler, L. M., & Taussig, N. (2014, May). Fostering Healthy Futures: A new evidence-based program for preadolescent youth in foster care. Presentation at the Society for Prevention Research Annual Meeting. Washington, DC.

Weiler, L. M., & Taussig, N. (2014, April). What does research tell us about evidence-based youth mentoring practices? Presentation at the Colorado Mentoring Symposium, Denver, CO.

Weiler, L. M., Zimmerman, T., Haddock, S., Krafchick, J., Youngblade, L., & Berenato, M. J. (2014, March). Mentoring communities: Promoting positive outcomes for youth at-risk of offending or re-offending. Symposium presentation at Society for Research on Adolescence. Austin, TX.

Weiler, L. M., Taussig, H., Haddock, S., Krafchick, J. & Zimmerman, T. (2014, January). Mentoring court-involved youth: For whom is it most effective?. Presentation at the National Mentoring Summit. Washington, DC.

Weiler, L. M., Zimmerman, T., Haddock, S. & Krafchick, J. (2013, May). Improving outcomes for first-time offending youth through meaningful relationships. Symposium presentation at Society for Prevention Research. San Francisco, CA.

Weiler, L. M., Haddock, S., Zimmerman, T., Henry, K., Krafchick, J., & Youngblade, L. (2013, April). Effects of a campus-based therapeutic mentoring intervention for juvenile offenders. Poster presented at Society for Research in Child Development. Seattle, WA.

Krafchick, J., **Weiler, L. M.**, Haddock, S., & Zimmerman, T. (2012, October). Relationships matter: Preventing recidivism among juvenile offenders. Presentation at Wyoming Public Health Administration. Laramie, WY.

Weiler, L. M., Krafchick, J., Zimmerman, T., & Haddock, S. (2012, September). College students mentoring at-risk youth: A win-win situation. Presentation at Diversity Symposium at Colorado State University. Fort Collins, CO.

Weiler, L. M., Krafchick, J., Haddock, S., & Zimmerman, T. (2012, April). Campus Corps: Therapeutic youth mentoring. Presentation at Colorado Mentoring Symposium. Denver, CO.

Weiler, L. M., Zimmerman, T., Haddock, S., & Krafchick, J. (2011, September). MFT students mentoring at-risk youth: A research-based intervention. Presentation at American Association for Marriage and Family Therapy Annual Meeting. Fort Worth, TX.

Zimmerman, T., Haddock, S., Krafchick, J., & **Weiler, L. M.** (2011, June). Campus Corps: Family systems mentoring of at-risk youth. Presentation at American Family Therapy Academy Annual Meeting, Baltimore, MD.

Weiler, L. M., Helfrich, C., Palermo, F., Thao, L., & Zimmerman, T. (2010, June). Evaluation of the FAIR program: Teaching diversity awareness and social justice to at-risk youth. Poster presented at the American Family Therapy Association Annual Meeting, Boulder, CO.

Helfrich, C., **Weiler, L. M.**, Palermo, F., Thao, L., & Zimmerman, T. (2010, June). Evaluation of the FAIR program: Teaching diversity awareness and social justice to at-risk youth. Poster presented at the Society for Prevention Research Annual Meeting. Denver, CO.

Haddock, S., Zimmerman, T., Krafchick, J., **Weiler, L. M.**, Richards, T., Klith, L., Youngblade, L., Chavez, E., Hurd, C., & Gile-Thomas, A. (2010, June). Campus Corps: Service learning college students mentoring at-risk youth. Poster presented at the Society for Prevention Research Annual Meeting, Denver, CO.

Haddock, S., Zimmerman, T., Krafchick, J., **Weiler, L. M.**, Richards, T., Klith, L., Youngblade, L., Chavez, E., & Hurd, C. (2010, June). Serving at-risk youth through a partnership between Colorado State University COAMFT Marriage and Family Therapy training program and a local agency through family therapy and youth mentoring. Poster presented at the American Family Therapy Association Annual Meeting, Boulder, CO.

Non-refereed Abstracts

Weiler, L. M., & Taussig, H. (2014, March). The moderating effect of cumulative risk exposure on an efficacious preventive intervention for maltreated children. Poster presentation at Psychiatry Junior Faculty Research Poster Session, Denver, CO.

Weiler, L. M., & Taussig, H. (2014, January). The moderating effect of cumulative risk exposure on an efficacious preventive intervention for maltreated children. Poster presentation at Pediatrics Research Poster Session, Denver, CO.

Weiler, L. M. (2013, October). The role of risk and relational processes in mentoring pre-adolescent youth in foster care. Presentation at the Developmental Psychobiology Research Group, Denver, CO.

RESEARCH POSITIONS

- 2013-2014 **Research Consultant**, Colorado State University, Campus Corps
Collaborated on submitting grant applications, conducting data analysis, and writing scholarly publications for Campus Corps project.
- 2009-2013 **Project Manager**, Colorado State University, Campus Corps
Designed and supervised all aspects of research program. Performed quantitative and qualitative data analyses on a variety of research questions, and participated in writing grants and scholarly publications.
- 2005-2005 **Assistant Researcher**, Relationship Education Project
Family Planning Queensland Australia

CLINICAL EXPERIENCE

- 2011-2013 **Clinical Supervisor**, *Colorado State University (CSU), Campus Corps*
- 2011-2013 **Assistant Clinical Supervisor**, *CSU, Center for Family and Couple Therapy*
- 2008-2014 **Psychotherapist**, *CSU, Center for Family and Couple Therapy*
- 2009-2014 **Psychotherapist**, *The Center for Family Outreach, Fort Collins, CO*
- 2009-2012 **Case Manager**, *CSU, Campus Corps; The Center for Family Outreach, Fort Collins, CO*
- 2008-2013 **Facilitator**, *CSU, Fairness for All Individual through Respect (FAIR) program, RELATE program*
- 2009-2010 **Family Support Provider**, *Larimer Center for Mental Health, Fort Collins, CO*
- 2007-2008 **Case Manager**, *Volunteers of America (VOA) Brandon Center, Denver, CO*
- 2005-2007 **Residential Counselor**, *VOA Bar-None, Children's Residential Treatment Center, Minneapolis, MN, Tennyson Center for Children, Denver, CO*

TEACHING EXPERIENCE

University of Minnesota

2015	Spring	FSoS 8036 Couple and Family Therapy Research
2015	Spring	FSoS 8794 Directed Research in Family Social Science
2014	Fall	FSoS 8295 Couple and Family Therapy Practicum

Colorado State University

Instructor

2013	Summer	HDFS 350 Applied Research Methods
2013	Summer	HDFS 277 Professional Skills Development I
2013	Spring	KEY 192 Key Community Seminar
2012	Fall	HDFS 350 Applied Research Methods
2011	Fall	HDFS 497 Campus Corps: A Multidisciplinary Service-Learning Course
2011	Summer	HDFS 311 Adolescent and Emerging Adulthood Development in Context

Co-Instructor

2013	Spring	HDFS 687c Couple and Family Therapy Internship
2012	Fall	HDFS 687c Couple and Family Therapy Internship
2012	Spring	HDFS 620 Family Therapy Practice: Addictions
2012	Spring	HDFS 620 Family Therapy Practice: Sexuality
2012	Spring	HDFS 350 Applied Research Methods
2011	Fall	HDFS 521 Family Therapy Practice: Common Factors
2011	Fall	HDFS 520 Family Therapy Practice: Treatment Planning
2011	Spring	HDFS 620 Family Therapy Practice: Addictions
2011	Spring	HDFS 620 Family Therapy Practice: Sexuality
2010	Fall	HDFS 676 Professional Skills Development

Invited Lectures

2009-2014	University of Colorado School of Medicine; Colorado State University
	A variety of lectures on research methods, couple and family therapy theory and technique, domestic violence, motivational interviewing, juvenile delinquency, stress management, youth mentoring, and adolescent development.

ADVISING AND MENTORSHIP

Graduate Committee Member

University of Minnesota

Ashley Landers Ph.D. (anticipated 2016)

Graduate Research Project Consultant and Supervisor

University of Denver (supervised field research experience for graduate research project)

Ashley Stewart M.S.W. 2014
Nancy Vargas M.S.W. 2014

Colorado State University (provided methodological and technical assistance)

Amanda Blimes M.S. 2013
Brittany Yates M.S. 2012
Angie Bartleson M.S. 2011
Sara Hunter M.S. 2011
Jordan Leboeuf M.S. 2011

Undergraduate Honors Thesis Committee Member

Colorado State University

Ali Abt	B.S.	2013
Allyn Crype	B.S.	2013
Kellen Wittkop	B.S.	2012
Kelsie Keyl	B.S.	2011
Victoria Queen	B.S.	2011
Gabrielle Tomaseli	B.S.	2011

PROFESSIONAL MEMBERSHIP AND SERVICE

Membership in Professional Societies

American Association of Marriage and Family Therapy
National Council on Family Relations
American Psychological Association
Society for Research on Adolescence
Society for the Study of Human Development
Society for Prevention Research

Editorial Board

2014-2015 Child Maltreatment, student section

Ad Hoc Reviewer: Prevention Science; Journal of Marital and Family Therapy; Journal of Youth and Adolescence; Journal of Adolescent Research; Child Abuse & Neglect

Reviewer

2013 Oxford University Press

OTHER PROFESSIONAL DEVELOPMENT ACTIVITIES

2014 Participant, *MFT Doctoral Educators Research Summit*
2012 Trainee, *Multiphase Optimization Strategy, The Methodology Center, Penn State*
2012 Fellow, *Family Process New Writer's Fellowship*

SERVICE TO UNIVERSITY

University of Minnesota

Department of Family Social Science

2014-2015 Graduate Admissions/Recruitment Committee

SERVICE TO COMMUNITY

2013-2014 Member, *Colorado Youth Mentoring Collaborative*
2012-2013 Member, *Larimer County Child Protection Team*
2012-2013 Member, *Mental Health Task Force for Juvenile Justice, Larimer County, CO*